

Guide to the Pre-Requisites of the Aura-Soma® Teacher Training Programme



The Aura-Soma Teacher Training Programme is only open to Colour Care Consultants who have completed the Bridge course and received acceptance of their application to join the Teacher Training Program. The flow chart shows the steps required to attend each successive level of the training. If you have any questions please contact Academy staff on enquiries@asiact.org or registrar@asiact.org who will be happy to help you in any way they can.

Once accepted onto the Teacher Training Program please submit all required written work to your proposed teacher for entry onto the next teacher training level, please also bring this documentation to each of the Teacher Training courses. The required written work is outlined in the Teacher Training Record which you will receive with your letter of acceptance onto this programme. During each course, please take time to share your observations with other group members. In this way you will build a rich resource of skills and ideas from which to begin your teaching. Networking is an excellent means of supporting yourself and others and it is intended that as well as being enriched by the sharing between colleagues, a network will be created as a resource for each of you.

Once you have completed all the pre-requisites and have attended the Teacher Level 3 training you have completed the Aura-Soma Colour System Teacher Training Program. You have chosen to continue the work that Vicky Wall, Margaret Cockbain, Mike and Claudia Booth have agreed to bring to the world. To maintain your Teacher registration you are now required to accrue a minimum of 6 hrs per annum by attending one of the Teacher Renewal course options offered by The Academy.

NB. Those students who joined the Teacher Training Program before January 1st 2009 have the option to “skip” the Personal Presentation Skills course. However it is important to remember that to be a PPS teacher you must have completed either the Presenters or Personal Presentation Skills course and then have completed the Teacher PPS course. (if more than two years have lapsed since attendance on the Presenters/ PPS course then we reserve the right to ask you to resit this course).

Course Pre-requisites

During or Post Course requirement

Bridge Course - 6 days

- Attend the Personal Presentation Skills course (effective Jan 1st 09 for **ALL** students)
- Hold a Level 4 Certificate (effective Jan 1st 09)
- Hold a current Colour Care Consultant Certificate



- Present 3 single Full Practical Days
Document these for submission with Teacher Training Application Form
- focus: Documentation and assessment

Pre-requisites to join the Aura-Soma Colour System Teacher Training Program

- Completion of the Personal Presentation Skills course
- Completion of ‘Listening to the Star Within’ course
- Completion of the Bridge course
- Hold a current Colour Care Consultant Certificate
- Submit and sign the completed Teacher Training Application Form which includes the Teacher Agreement, 5,000 word essay and written reports* on 3 x single Full Practical Days to the Academy at least 4 months prior to attendance on desired Teacher L1 course.

TL1 Course - 6 days

- Receive acceptance letter onto Teacher Training Program
- **Resit Level 1** Foundation Course in the 6 months prior to the Teacher Level 1 Training Course.
Submit written report* on the resit of the L1 Foundation course to the Academy and your proposed TL1 Teacher when booking
– focus: organisation and skill development



- Sign the Teacher Registration form and return to the Academy.
- **Teach 3 x Level 1** (Foundation) courses with a minimum of 4 students each time
Write reports* on the 3 Level 1 Foundation courses you teach - focus: organisation and skill development.

TL2 Course - 9 days

- Hold a current Teacher Registration Certificate
- Completion of Teacher Level 1 course.
- **Submit written reports*** on the 3 x L1 Foundation courses to the Academy and proposed TL2 teacher when booking. (You may wish to send a copy to your TL1 teacher).
- **Resit Level 2** Intermediate Course in the 6 months prior to the Teacher Level 2 Training Course.
Submit written report* on the revisit of the L2 Intermediate course to your proposed TL2 Teacher when booking - focus: being centred, course content and consultation skills



- **Teach 2 x Level 2** (Intermediate) courses with a minimum of 4 students each time
Write reports* on the 2 x Level 2 Intermediate courses you teach - focus: being centred, course content and consultation skills

T Personal Presentation Skills Course - 6 days (Optional)

- Hold a current Teacher Registration Certificate
- Completion of PPS Course (formerly Presenters Course)
- Completion of TL2 course
- **Submit written reports*** on 1 x Level 2 (Intermediate) course to PPS teacher when booking
- focus: being centred, course content and consultation skills



- **Teach 1 x PPS** courses with a minimum of 4 students
Write report* on the 1 x PPS course you teach - focus: development of personal presence, being centred, listening and observation skills.

T Level 3 - 9 days

- Hold a current Teacher Registration Certificate
- **Submit written reports*** on the 2 x L2 courses to proposed TL3 Teacher when booking (you may wish to send a copy to your TL2 teacher)
- **Resit Level 3** Advanced Course in the 6 months prior to the Teacher Level 3 Training Course.
Submit written report* on resit of the L3 Advanced Course to your proposed TL3 Teacher when booking
- focus: Course content, group dynamics and centring



- **Teach the Level 3** x 1 time with a minimum of 4 students
Write report on the 1 x L3 course you teach for discussion with an experienced local Level 3 teacher - focus: Course content, group dynamics and centring

* Please see guidelines for the written reports in the Teacher Training Record Book